



HIPAA & MENTAL HEALTH PRIVACY POLICY

At Jumirean Mental Health Group, protecting the privacy and confidentiality of your mental health information is a fundamental priority. This policy is designed in accordance with the Health Insurance Portability and Accountability Act of 1996 (HIPAA), applicable federal laws, and New Jersey and New York state privacy regulations governing mental health treatment records.

CONFIDENTIALITY OF MENTAL HEALTH RECORDS

All patient medical and psychiatric records are maintained in a secure and confidential manner. Protected Health Information (PHI) includes demographic information, psychiatric evaluations, medication records, treatment plans, psychotherapy notes, laboratory results, and billing information.

USE AND DISCLOSURE OF INFORMATION

Protected Health Information may only be used or disclosed for purposes related to treatment, payment, healthcare operations, or as otherwise permitted or required by law. Information will not be released to employers, schools, family members, attorneys, or outside entities without proper written authorization unless legally mandated.

PATIENT RIGHTS UNDER HIPAA

Patients have the right to:

- Request access to their medical records
- Request amendments to inaccurate information
- Receive a copy of the Notice of Privacy Practices
- Request restrictions on certain disclosures
- Request confidential methods of communication
- Receive an accounting of disclosures

PSYCHOTHERAPY NOTES

Psychotherapy notes receive additional protections under HIPAA and are generally not disclosed without a specific written authorization, except where disclosure is required by law.

MANDATORY REPORTING AND LEGAL EXCEPTIONS

Confidentiality may be limited under specific legal circumstances including:

- Suspected abuse or neglect of a child, elderly person, or vulnerable individual
- Threats of serious harm to self or others
- Court orders, subpoenas, or legal mandates
- Medical emergencies requiring disclosure for safety purposes

ELECTRONIC COMMUNICATIONS

While reasonable safeguards are utilized, electronic communications including email, text messaging, and telehealth platforms may carry inherent privacy risks. Patients acknowledge understanding these risks when communicating electronically with the practice.

SECURITY OF INFORMATION

Jumirean Mental Health Group utilizes administrative, physical, and technical safeguards to protect Protected Health Information from unauthorized access, disclosure, alteration, or destruction.

PATIENT ACKNOWLEDGMENT

By signing below, the patient acknowledges receipt and understanding of this HIPAA & Mental Health Privacy Policy and understands their rights regarding protected health information.

Patient Name: _____

Patient Signature: _____

Date: _____

Parent/Guardian Signature (if applicable): _____